

# Northside Breakfast Menu Aug-September 2024

Breakfast:  
 Grades PK-12 - Free  
 Adult Breakfast - \$3.00

Lunch:  
 Grades PK-12 - Free  
 Adult Lunch - \$5.00

**Milk alone is not part of the free meals program. Milk for cold lunch or extra milk is: \$.50**  
 Milk choices are white 1% or chocolate skim  
**Menu Subject to Change Without Notice**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Aug 26 - Aug 29</b>	Offering #1 Mini Loaf Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White	Offering #1 Breakfast Burrito Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Breakfast Pizza Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Giant Muffin Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	No School
<b>September 2-6</b>	No School	Offering #1 Cinn-a-mini Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Pancakes #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Strawberry Pull-apart Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Breakfast Brekkie Round Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>September 9-13</b>	Offering #1 Breakfast Bagel Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White	Offering #1 Waffle Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Assorted Muffins Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Breakfast Taco Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Long John Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>September 16-20</b>	Offering #1 Breakfast Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White	Offering #1 Poptart-2ct Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Soft Filled Cinnamon Toast Crunch Bar Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White	Offering #1 Bread Slice Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Mini Donut Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>September 23-27</b>	Offering #1 Mini Loaf Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Pancake poppers Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White	Offering #1 Bread Slice Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Sausage and Cheese Biscuit Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Cinnamon Roll Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>September 30-Oct 4</b>	Offering #1 Breakfast Bagel Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White	Offering #1 Waffle Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Assorted Muffins Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Breakfast Taco Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Long John Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White

This institution is an equal opportunity provider.

# Northside Lunch Menu Aug-Sept 2024

Breakfast:  
 Grades PK-5 Free  
 Adult Breakfast - \$3.00

Lunch:  
 Grades PK-5 Free  
 Adult Lunch - \$5.00

Milk choices are white 1% or chocolate skim  
 Extra milk or milk for cold lunch is \$0.50

**Menu Subject to Change Without Notice**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Aug 26 - Aug 29</b>	Hot Dog on a Bun Baked Beans Assorted Fruit Ranch	Taco in a bag with fixings Salsa Romaine Assorted Fruit Sour Cream	Cheeseburger on a bun Baked Beans Celery Assorted Fruit	Pizza Carrots Red Peppers Assorted Fruit	No School
<b>September 2-6</b>	No School	Shredded Beef on a Bun Baked Beans Tomatoes Assorted Fruit	Chicken Nuggets Corn Broccoli Sliced Bread Assorted Fruit	Ribet on a bun French Fries Romaine Assorted Fruit Tartar sauce	Cheesy Pull-aparts Marinara Cup Carrots Assorted Fruit
<b>September 9-13</b>	Mac and Cheese Bread Stick Lettuce salad Red Peppers Assorted Fruit	Dunker with Marinara Cup Cucumbers Assorted Fruit	Corn Dog Carrots Baked Beans Assorted Fruit Ranch	French Toast Sticks Sausage Patty Potato Rounds Cucumbers Assorted Fruit Syrup/Ketchup	Sub Sandwich Chips Carrots Dragon Juice Assorted Fruit
<b>September 16-20</b>	Hot Ham and Cheese on a bun Steamed Broccoli Cucumbers Assorted Fruit	Lasagna Roll up Caesar Salad Assorted Fruit BBQ/ Ketchup	Pulled Pork Baked Beans Fresh Broccoli Ketchup/Mustard Assorted Fruit	Chicken Tenders Corn Tomatoes Sliced Bread Assorted Fruit	Max Sticks w/ Marinara Cup Dragon Juice Side Kick Fruit Cup
<b>September 23-27</b>	Hot Dog on a Bun Baked Beans Assorted Fruit Ranch	Taco in a bag with fixings Salsa Romaine Assorted Fruit Sour Cream	Cheeseburger on a bun Baked Beans Celery Assorted Fruit	Pizza Carrots Red Peppers Assorted Fruit	Grilled Cheese Chips Variety Veggie Dragon Juice Assorted Fruit
<b>September 30-Oct 4</b>	Shredded Beef on a Bun Baked Beans Tomatoes Assorted Fruit	Tater Tot Hotdish Corn Tomatoes Assorted Fruit	Chicken Nuggets Green Beans Broccoli Sliced Bread Assorted Fruit	Ribet on a bun French Fries Romaine Asst Fruit Tartar sauce	Bosco Stick Marinara Cup Carrots Assorted Fruit

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Second main entree option every day: CB&J sandwich with cheese stick.

Northside Kitchen is now peanut aware, due to this change we have changed to a chickpea and jelly sandwich and will no longer offer peanut butter products.

Thank you for your understanding.

# Aug-September HS Breakfast 6-12 School Menu 2024

Breakfast:  
 Grades PK-12 - Free  
 Adult Breakfast - \$3.00

Lunch:  
 Grades PK-12 - Free  
 Adult Lunch - \$5.00

Milk choices are white 1% or chocolate skim

**Menu Subject to Change Without Notice**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Aug 26 - Aug 29</b>	Offering #1 Bkfst Pizza Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Fr Tst Sticks Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Biscuit/ Gravy Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	No School
<b>September 2-6</b>	No School	Offering #1 Soft Cinn Bar Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Pancakes Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Dutch Waffle Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>September 9-13</b>	Offering #1 Bread Slice Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Parfait Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Muffins Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Mini Donuts Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>September 16-20</b>	Offering #1 Brkfst Bites Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Fr Tst Sticks Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Biscuit/ Gravy Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Long John Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>September 23-27</b>	Offering #1 Pancake Stick Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Smoothie with a Muffin Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Pancake Stick Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Donut Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>September 30-Oct 4</b>	Offering #1 Bread Slice Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Parfait Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Muffins Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Mini Donuts Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White

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# Benson High School Lunch Menu September 2024-2025

**Breakfast:**

Grades PK-5 Free  
 Grades 6-12 Free  
 Adult Breakfast - \$3.00

**Lunch:**

Grades PK-5 Free  
 Grades 6-12 Free  
 Adult Lunch - \$5.00

Milk choices are white 1% or chocolate skim

Extra milk or milk for cold lunch is \$0.50

Additional Vegetables and Fruits are served daily.

**Menu Subject to Change Without Notice**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Aug 26 - Aug 29</b>	Hot Dog on a bun or/ Max Stick w Marinara cup Baked Beans Cherry Tomatoes Assorted Fruit Ketchup	General Tso Chicken or Hamb on a Bun Wild Rice Blend Side Salad/ Ranch Assorted Fruit	Taco in a Bag Variety Veggies Variety Fruit <b><u>No second option today</u></b>	Pulled Pork / bun or Pizza 4x6 Coleslaw Pickle Relish Cauliflower & Ranch Assorted Fruit	
<b>September 2-6</b>		Chicken Tenders or BBQ on a Bun Baked Beans Sun Chip Cauliflower Assorted Fruit	French Toast Sticks Cheesy Hashbrowns Baby Carrots / Ranch Assorted Fruit Syrup Cup <b><u>No second option today</u></b>	Popcorn Chicken Mashed Potato w/ Gravy Corn Dinner Roll Red Pepper Sticks Assorted Fruit <b><u>No second option today</u></b>	Mike Bites or Sub Sandwich Marinara cup Broccoli Buds Cucumbers /Ranch Assorted Fruit
<b>September 9-13</b>	Philly Sandwich on Bun Fish Square on a bun Seasoned Potato Cubes Snap Peas & Ranch Assorted Fruit	Chicken Fillet on a Bun or Pizza Burger on a Bun Corn Baby Carrots Assorted Fruit	Cheese Dunkers or Riblet on a bun Marinara Sauce Side Salad & Ranch Ketchup / Mustard Assorted Fruit	Chicken Alfredo with Rotini Noodles Steamed Broccoli Caesar Salad Bread Stick Assorted Fruit <b><u>No second option today</u></b>	Pizza Cooks Choice Cucumbers Assorted Fruit
<b>September 16-20</b>	Chicken Nuggets or Hot Ham and Cheese on a bun Mashed Potatoes Gravy Corn Dinner Roll Assorted Fruit	Beefy Nachos with cheese sauce Salsa Lettuce & Tomatoes Assorted Fruit <b><u>No second option today</u></b>	Tater Tot Hotdish or .Cheese Pizza Dinner Roll Corn Red Pepper Sticks Assorted Fruit	Soft Shell Taco With all the fixings or Pizza Refried Beans Sliced Bread Carrots & Ranch Assorted Fruit	Boneless chicken drummies With sauce cup Cooks Choice Entree Chips Fresh Broccoli Cauliflower & Ranch Assorted Fruit
<b>September 23-27</b>	Bosco Sticks or Riblet on a bun Marinara cup Peppers & Ranch Assorted Fruit	General Tso Chicken or Hamb on a Bun Wild Rice Blend Side Salad/ Ranch Assorted Fruit	Pulled Pork / bun or Pizza 4x6 Coleslaw Baked Beans Cauliflower & Ranch Assorted Fruit	Meatballs in Gravy or Grilled Chicken Fillet on Bun Mashed Potato Dinner Roll Red Pepper Sticks Assorted Fruit	Hot Dog on a bun or/ Italian Pull Apart Marinara cup Pickle Relish Cherry Tomatoes Assorted Fruit Ketchup
<b>September 30-Oct 4</b>	Macaroni & Cheese or Chili Bread Stick Corn Cucumbers Assorted Fruit	Chicken Tenders or BBQ on a Bun Baked Beans Sun Chip Cauliflower Assorted Fruit	French Toast Sticks Cheesy Hashbrowns Baby Carrots / Ranch Assorted Fruit Syrup Cup <b><u>No second option today</u></b>	Popcorn Chicken Mashed Potato w/ Gravy Corn Dinner Roll Red Pepper Sticks Assorted Fruit <b><u>No second option today</u></b>	Mike Bites or Sub Sandwich Marinara cup Broccoli Buds Cucumbers /Ranch Assorted Fruit

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Peanut Butter and Jelly is always the 3rd option

All meals include choice of white or chocolate milk