



BENSON **PUBLIC SCHOOLS**

Benson Community Education and District Newsletter
Summer 2022 Volume 29 Issue 3

Summer 2022

Swimming Lessons Sports Camps Enrichment OH MY for the fun we have planned!

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High School
1400 Montana Avenue
Benson, MN 56215
320-843-2710 (ph)
320-843-2262 (f)



Northside Elementary
1800 W Nevada Ave
Benson, MN 56215
320-842-2717 (ph)
320-843-5300 (f)

Benson Community Education



Community Education
1400 Montana Ave
Benson, MN 56215
320-843-4545 (ph)
320-843-2262 (f)

Summer Food Service Program

The Summer Food Service Program is back this summer for the Benson Schools. We will be going back to the normal program. What does this mean for you? Well, here is a breakdown of the differences from last summer to this summer.

Summer 2022	Summer 2021
Children will eat in our elementary cafeteria during breakfast and lunch. No bulk meal pickup.	We served bulk weekly meals for families that parents could pick up for their children.
We will serve free meals for student aged 0-18 at: <ul style="list-style-type: none"> • Breakfast from 7:30 - 8:30 a.m. • Lunch from 11:00 - 12:00 p.m. 	Parents picked up bulk breakfast and lunch once a week.
We will have a mobile site at the high school to serve free bag meals to any students ages 0-18. Times vary, refer to the High School menu.	We only had pickup at the elementary.

Meals will still be free to any child aged 0-18 years old. Parents cannot pick up meals for them as the child must come to the site to eat.

The 2022 schedule of serving at Northside Elementary, 1800 Nevada Avenue, Benson is:
 May 26 and 31 June 1-30 July 1, 5-29 Aug. 1-26

The 2022 schedule of serving at the Benson High School, 1400 Montana Avenue, Benson is:
 May 31 June 1-30 July 1, 10-29 August TBD

Times will be posted on the Summer High School Menu as they may vary.

Menus can be found at the Northside Elementary Cafeteria and also on the Benson School website: benson.k12.mn.us They will be posted at the end of May.

More information will be available on our school website and flyers will be sent home with students with updated information on our program.

For more information, contact:
 Jeanine Bowman, Food Service Director
 (320) 842-2702
jbowman@benson.k12.mn.us

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027), found online at http://www.ascr.usda.gov/complaint_filing_cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed complaint form or letter to USDA by:

1. mail:
 U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov

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 Bill McGeary, Treasurer
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Lucas Olson	Laura Ostlie
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 Janelle Simmonds, Secretary
 Chrysees Forbord, Early Childhood Coordinator
 Carissa McDonald, Discovery Kids Director





Federal and State COVID-19 Funding Expenditures

By Dennis Laumeyer, Superintendent

Over the past two years COVID-19 has been at the forefront of much discussion. To combat the economic impact of COVID-19 on individuals and organizations, the Federal Government provided funding sources to assist in different ways, most of the funds flowed through the state.

Benson Public Schools received COVID-19 funds through ten different “buckets” from the Federal and State governments. The funds in each “bucket” must be spent on specific things. The School Board and administration have worked diligently and strategically to use this money in the most resourceful and impactful manner. Given it is one-time money and the funds will no longer be available, the District focused on funding one-time, long term projects. The district does have to apply to the state and receive pre-approval to spend the pandemic related funds.

In total, Benson Schools has received \$2,037,000 in COVID-19 funding through ARP, ESSER I, GEER I, CARES, ESSER II, ESSER III, MN COVID Testing, and Pandemic Enrollment Loss. Depending upon the source, final expenditure dates varied, though final expenditure must be made by September of 2024.

Below is a listing of the main items for the COVID related funds:

- PPE (Personal Protective Equipment)
- Additional nursing time
- Technology devices and equipment so students and staff can be connected while at home
- Replace NS windows to improve indoor air quality (to be completed summer 2022)
- Additional Social Worker time
- Install Mini Split Units for each NS classroom to improve indoor air quality (completed summer 2021)
- Expanded programming for students after school and during the summer
- Additional Student Support Time
- New curriculum (textbooks) that have on-line access for use with devices and remote learning
- Additional cleaning supplies
- Additional custodial time for cleaning and sanitizing

Thank you to the Benson School Board for their dedicated work to focus on strategically spending COVID funds that most directly impact and support students and student learning, without adding on-going costs. These expenditures will have positive and long-lasting benefits for students.

Summer Building Project Plans

To continue to ensure the school buildings and grounds are maintained, Benson Schools will be completing several projects this summer. The projects are listed below with the funds used to pay for the work:

1. Refinish Northside Gym Floor. The floor will be sanded down, refinished, and new lines put on the floor using LTFM (Long Term Facilities Maintenance) funds.
2. Replace original windows at Northside Elementary School. The windows will be much more energy efficient and allow for better indoor air quality for students and staff using ESSER Funds.
3. Resurface drive by football field and parking area by storage shed and van storage shed by football field/track area. Also, resurface parking lot on the east side of Benson High School using LTFM (Long Term Facilities Maintenance) funds.
4. Restripe parking lots at BHS and at Discovery Kids using Capital funds.

Maintenance of the buildings and grounds is of high importance to ensure our buildings look good and stay strong.

Clint Schiller was a guest presenter in Mr. Larson’s Outdoor Science class.

Day 1, he discussed the history of trapping and why it’s important to the stability of all species.

Day 2, he discussed traps and their uses and equipment needed to harvest fur.

Day 3, he discussed processing the fur, equipment needed to process the fur. Students had the opportunity to check out some of the furs he has made into clothing and wall decor.



Elementary Field Days

A great way to end the school year is with the annual Field Day celebrations.



Tuesday, May 17

4th Grade from 9:00 - 10:00 a.m.
3rd Grade from 10:15 - 11:00 a.m.
2nd Grade from 1:00 - 2:00 p.m.

Wednesday, May 18

1st Grade from 9:30 - 10:30 a.m.
5th Grade from 1:00 - 2:00 p.m.

Kindergarten Program & Graduation

Kindergarten Program & Graduation is scheduled in the Performing Arts Center at 1:30 p.m. on Friday, May 13th.

The public is invited to watch live via the Benson Activities YouTube page. A link can be found on the school's activities calendar.

4th and 5th Grade Music Program

Will be held in the Performing Arts Center at 1:30 p.m. on Thursday, May 5th.

The public is invited to watch live via the Benson Activities YouTube page. A link can be found on the school's activities calendar.

Last day of school May 25!

School Starts Aug. 29 (1-12) & 31 (K)

Benson 5th Graders To Compete at Math Masters

On April 22, Kylan Bakke, Isaiah Espinoza, Brooks Groinus, John Hafvenstein, and Sam Svingen will represent Northside Elementary in a Math Masters competition in Alexandria.

These boys have been practicing once a week along with Jacob Schliep, Joe Ascheman and Matthew Darnell since November. The competition will consist of a fact drill round, 4 individual rounds, and 3 team rounds.



L to R: Isaiah, Sam, Brooks, John, Kylan

Sports Physicals

Sports physicals are needed in order to participate in any sport activity. New physicals will need to be scheduled for athletes who will be in **7th** and **10th grade** in the fall. If you are unsure if your child needs a physical, please contact your physician.

Athletes cannot participate in practice until their physical has been completed. The Activities Office recommends having your physicals between June 6th and August 1st.

Elementary Annuals

Elementary Annuals can still be ordered through the Northside Office!

Cost is \$12 for the 56 page all color 2021-2022 annual. The annual includes preK through 5th grade student pictures, staff and candid photos.

All checks need to be made payable to Benson Public Schools.



Fall Activities Registration

Fall activities and sports registration will take place in early August in the high school cafeteria.

Be watching your mailbox in July for more information.

ACT Test to be administered in Benson Saturday, June 11

Benson High School will be administering the National ACT College Entrance Exam on **Saturday, June 11th**. Juniors and Seniors needing to take this test should register online at www.actstudent.org.

Remember to register for the ACT Plus Writing Test if you haven't taken this test before. You only have to take the Plus Writing once. ACT practice exercises are also available on-line.

The registration deadline is Friday, May 6th. Juniors, please make sure to stop by the Counselor's Office if you have any questions about the ACT Test.

NOTES FOR THE SENIOR CLASS OF 2022

Class Colors: Maroon and White

Class Flower: Wildflowers

Class Motto: "Manzke come here"

Class Song: "More than My Hometown" - Morgan Wallen



MONITOR NEWS QUESTIONNAIRE was emailed to students and parents. Copies of the questionnaire are available in the 6-12 office. These should be dropped off at the 6-12 office or the Monitor News with a senior picture by **Friday, May 13.**

SCHOLARSHIP & AWARDS CEREMONY will be held on **Monday, May 16 at 7:00 p.m.** in the Performing Arts Center. Seniors and their parents are invited to attend as numerous financial scholarships will be announced and additional senior honors will be recognized.

LAST DAY FOR SENIORS (in good standing) is **Wednesday, May 18.**

SENIOR LOCKER CLEAN OUT is during connect time on **Wednesday, May 18.**

GRADUATION PRACTICE is **Friday, May 20 at 10:30 a.m.** in the PAC. Attendance is required.

COMMENCEMENT will be **Sunday, May 22.** It will be held in the PAC and will begin promptly at 2:00 p.m.

GRADUATION CAP, GOWN AND TASSELS *cannot* be altered in any way for the graduation ceremony. (**No bling**)

REPORT CARDS for seniors will be printed upon parent request after **Friday, June 3.**

FINAL TRANSCRIPTS will be sent to the college of your choice as noted in the 6-12 office.

Seniors - Class of 2023

As you start planning your senior picture sessions, please take these senior portrait guidelines into consideration.

1. JPEG (.jpg) digital image format is required. 300 DPI or higher for actual size of photo. (high resolution image files are better for printing purposes)
2. All pictures must be submitted in full color (no sepia or black-and-white)
3. Pictures need to be vertical and head and shoulder only format. Please no full body or partial body poses
4. Have your photographer leave enough space around your face to allow for the yearbook staff to feature you at your best within the design.
5. Note: pictures with "soft focus" appear blurred upon reproduction.
6. Appropriate attire only will be accepted (school dress code and policies apply)...no hats, pets, or other accessories/props.
7. The yearbook staff has the right to request a different photograph if the above guidelines are not met.
8. Photographs should be emailed by December 1 to: yearbook@benso.k12.mn.us

Ink Cartridge Recycling

The Benson BPA chapter will NOT be accepting used ink cartridges until further notice.



Get Connected with Benson Public Schools!

- Monthly article in Monitor-News
- KSCR Radio (fm 93.5)
- District Newsletter

Website

www.benson.k12.mn.us

<https://www.vancoevents.com/us/eventlist/bensonpublicschools>



Facebook Pages

Find us, Like us at [facebook.com/BensonPublicSchools777](https://www.facebook.com/BensonPublicSchools777)
BensonChoir
BensonCommunityEducation
Discovery-Kids
bensonschoolreadiness
Benson-Baseball-Association
Benson-Braves-Wrestling
Benson-KMS-Area-Gymnastics
bensonsoftball

Twitter Pages

Follow Us at
(district) [@BensonBraves777](https://twitter.com/BensonBraves777)
(activities) [@BensonBraves](https://twitter.com/BensonBraves)
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(tennis) [@BKMS_tennis](https://twitter.com/BKMS_tennis)
(volleyball) [@BravesVball](https://twitter.com/BravesVball)
(superintendent) [@Dlau5](https://twitter.com/Dlau5)



Happy Summer! Get Biking!

We are so excited to have another summer of Benson Bikes available to the Benson Community! These turquoise bikes are free to use on an honor system. Please return them back to the rack each day after you use them.

If any repair is needed for the bikes, please call Gaylon at the number provided on each bike.



Please remember the rules of the road when using the bikes. Helmets are not provided, but strongly encouraged of all riders. Be respectful for everyone who would like to use the bikes and bring them back each day after use.



SHINING A LIGHT ON MEMORY LOSS...

Sponsored by Benson Area Memory Loss Network

Please join us for our radio show
“SHINING A LIGHT ON MEMORY LOSS”

on the first and third Saturdays of March, April, and May

From 10:00-10:30 AM on



We hope our discussions with local professionals will help you and your family better understand dementia—a topic that touches everyone in our community in some way.

May 7: Ann Cofell from Mid-Minnesota Legal Aid and
 Andy Kelton from Benson Pioneerland Library

May 21: Mardelle Bridgeland & Cindy Carruth from Scandihaven Village and
 Laura Thomas with MN Alzheimer's Association resources

For questions, please contact Laura Thomas at 320-226-8861

BENSON PUBLIC LIBRARY Summer Reading Program

Benson Public Library will once again be running their summer reading program. Registrations can be done at the library starting **Monday, June 6th**.

During the next two months, the library will host a range of free activities for children, teens, and adults to encourage and support a love of reading. Participants can win prizes for reaching their reading goals.

“We’ve planned a wonderful program for kids to make the library a great place to read, learn, and discover what’s available for their enjoyment,” said Eileen Niemeier, librarian.

To learn more about the summer reading adventure at the library, please call 320-842-7981.

PRAIRIE FIVE RIDES SUMMER YOUTH RATE

Prairie Five Rides will be offering transportation services to Community Education activities for the summer.

Summer Rec Registration Forms must be filled out for all kids that will be riding the Prairie Five Rides Bus.

Forms will be available beginning May 1:

- on line at: prairiefive.com (transportation tab)
- by mail (call 877-757-4337)
- by email at: rides@prairiefive.org

Ride costs are:

- Unlimited Youth Pass: June 1-Aug. 25; **\$40.00**
- Youth Punch Card: 25 rides; **\$25.00**
- Monthly Pass: Unlimited rides (i.e. June 1-30); **\$35.00**
- Single rides: **\$2.00** per ride

All additional ride requests and cancellations must be made by calling dispatch at 877-757-4337.

"I AM, HE SAID"

Celebrating the Music of Neil Diamond



MATT VEE & THE KILLER VEES

Sunday, May 1, 7:00pm
 BHS Performing Arts Center
 Tickets are \$30



Scan or click to purchase tickets

I Am Woman...

Lori Dokken
 Judi Vinar



Patty Peterson
 Rachel Holder

Hear Me Roar!

Friday, July 15, 2022, Benson Performing Arts Center
 Admission: \$20

Pre-registration is required for all classes. Participants must be registered and fees paid prior to the first class or activity.

4 Easy Ways To Register

- 1. Secured Online Site:** Register online at: <https://benson.revtrak.net/>
- 2. Mail:** Send registration and payment to:
Benson Community Education
1400 Montana Avenue
Benson, MN 56215
- 3. Phone:** Call 843-4545 to register using a credit card. No phone registrations will be complete until payment is received.
- 4. In Person:** Bring payment to the Benson Community Education office located in the Benson High School.

Register early. Many classes depend on minimum enrollment. Classes may be canceled if a minimum enrollment is not met.

Confirmation email will be sent if you have an email address in your profile. No class reminders are mailed out. Once registered, simply show up for the class and enjoy.

Inclement Weather and School Closings may affect your class. If Benson Public Schools classes and activities are canceled, Community Education classes and activities may be canceled as well. Tune in to KSCR 93.5 for notifications or cancellations. You may also call the office at 843-4545 for updated information.

Complete Refunds will be given if the activity is canceled due to insufficient enrollment. Refunds will be issued at Community Education's discretion for cancellations made less than a week before start date, due to special circumstances.

Scholarships may be available for certain classes. Certain "Camps" and Driver's Education are not eligible for scholarships.

**Benson Community Education
Office Hours:
Monday-Friday 8:00 a.m. - 4:00 p.m.**

Summer Registration

Use **GRADE ENTERING** in the fall of 2022 when registering unless it is otherwise noted.

All classes will be available online starting **Thursday, May 5 at 4:00 p.m.** Please follow **registration deadlines** appropriate with each class.



- All Summer Recreation and Community Education class registrations are available online with payment options of credit or debit card.
- The Community Ed office will be open until **5:00 p.m.** on **Thursday, May 5** if you need assistance. If you wish to pay with cash or check, you may register in the office.
- Classes you add to your "cart" at home cannot be paid for in the office. If you wish to pay in the office, we must add the classes to your "cart".
- Registrations taken over the phone will be held for 3 days without payment. If payment is not received in 3 days, the registration will be canceled allowing wait list families to take that spot.
- If classes are full when registering, please add yourself to the **waiting list**. We will do our best to get all wait list students into classes.

Pre-Registration is necessary for all classes.

Use GRADE ENTERING in Fall of 2022.

Fees for classes will not be prorated due to late registration!

** Registering on-line is your permission to have your child participate in the Summer Recreation Program and any Community Education activity. There will not be a separate permission form. This permission includes: Any participant who chooses to take part in any program or activity sponsored, solely or jointly, does so at their own risk. We are not responsible for providing health or hospital insurance. You are giving permission for your child to participate in the activity registered for. You further release the school, the City of Benson, the Activity Director, and Community Education personnel from any liability in the event of an accident.



2022 Children's Theatre Colorful!

Grades 1-12 (fall '22) - - - August 1st -August 5th

Benson Community Education is excited to offer our own Children's Theatre this year featuring BHS Alumni Grace Ricard.

Colorful!: Ever wonder where the 7 colors of the rainbow live and work? Well for the first time ever, Mother Nature is allowing humans to tour her best kept secret: the World of Color! Humans will of course get to meet the iconic Red, Orange, Yellow, Green, Blue—wait a second...why is Blue acting so strange? And why does something just feel...off about this place?

Auditions	Cost	Practices	Performance
Monday, August 1st 12:30 p.m. Performing Arts Center	\$10 per student No experience necessary!	A practice schedule will be handed out following auditions and will vary and determined by role. Expect afternoon rehearsals.	Friday, August 5th 6:30 p.m. Cost is FREE!

Colorful! is an original musical written by BHS Alumni Grace Ricard. After graduating from Benson High School in 2017, Grace went on to earn a Bachelors of Fine Arts in Acting at Minnesota State University, Mankato. Currently, Grace is living in Los Angeles, California but is so excited to come back this summer to direct **Colorful!**

This activity is funded in part with a grant from the SMAC made possible by the voters of MN, thanks to a legislative appropriation from the arts and cultural heritage fund.




LIFEGUARDS NEEDED AT THE BENSON POOL!

A lifeguard training classes will be offered in the Benson in May!
Must be 15 years old.

 We are also looking for Swim Instructors. A class will be held in Monte in May. Must be 16 years old.

The City of Benson will reimburse half the cost of classes for those who work at the Benson Pool!

Benson Community Education
320-843-4545
svergin@benson.k12.mn.us

Defensive Driving

4 hour refresher classes

MN Safety Council Defensive Driving classes are offered to people 55 years of age and over to review and discuss courteous driving and the rules of the road.

If you are 55 years of age and older, you receive 10% off your auto insurance for three years.

We no longer offer the initial 8 hour course. Check with your insurance company to see if you can take the 4 hour class right off the bat.

You must repeat the class every 3 years.

4 hour refresher class
Weds., May 11 - 5:30 - 9:30 p.m.
Benson High School; \$25

Tues., August 9 - 8:30 - 12:30 p.m.
Benson High School \$25

CPR/AED/First Aid

This is a classroom, video-based, instructor led course that teaches students critical skills needed to respond to and manage a first aid, choking, or sudden cardiac arrest emergency.

Upon successful completion students will receive an **American Heart Association** course completion card, valid for 2 years.

Monday, May 16
5:30 - 9:30 p.m.

CPR or FA only - \$30
Or both classes for \$40
(+\$10 if you'd like to buy a book)

Instructor: Cindy Carruth
Sr. High Room #TBD



PRE-REGISTRATION

Pre-registration is necessary for many of our activities and classes at least 3 days prior to the start of the class or activity. Registration is complete only after the fee has been received in the Community Education office.

REFUNDS

A full refund will be made if you contact the Community Education Office prior to the registration deadline or first day of class. Fees are not refundable any time after.

Drivers Education



Driver Training

This class fulfills the mandatory 30 hours of classroom instruction. Classroom work can be done prior to being 15 years of age, but students must be 15 years of age to take the permit test.

After passing the permit, arrangements for Behind the Wheel (requirement is six hours) will be made. Students must have their permit for a full 6 months before taking their license test according to state law.

May 31-June 2, June 6-9, June 13-16 and June 20

Section A: 7:30 -10:00 a.m.

Section B: 10:00 a.m. - 12:30 p.m.

Benson HS

Roger Lindahl; \$310

*minimum deposit of \$110 due at registration

Dance Camp

Come dance with Erica! Learn a mini routine in just 4 days and then perform for family and friends!

No dance experience required.

Public performance: 6:30 p.m. on Thursday, June 16th.

June 13-16

Monday-Thursday (4 sessions)

Grades 1-2*: **1:00 - 2:00 p.m.**

Grades 3-4*: **2:00 - 3:00 p.m.**

Grades 5-6*: **3:00 - 4:00 p.m.**

*use grade in Fall of '22

\$25; Performing Arts Center

Instructor: Erica Bakke

2022 Kids Fishing Clinic

Boys and girls are invited to join TJ Essig (and guest speakers) for a morning of fish I.D., knot tying and other fishing secrets.

Bait is provided but students are encouraged to bring their own gear if they have it. Please limit it to 1 rod & reel and a small tackle box.

Parents/Grandparents are welcome to attend as chaperones as well!

Drawings for prizes including fishing gear and the grand prize of a 1 day all-inclusive guided fishing trip for up to 4 on the Lake of the Woods with TJ Huerd.

Grades 4+ ; Starbuck Marina

Friday, June 10th

9:00 - 11:30 a.m.

(bus leaves @ 8:30 and returns @ noon)

\$15

Summer 4-H Adventures

Swift County 4-H is partnering with Benson Community Education to host enrichment opportunities for youth to learn about a new topic, build connections with others, and experience 4-H! Register with Benson Community Education (under Youth Enrichment). Scholarship available upon request.

Focus on Photography

Learn and practice basic principles of taking a great photo and options to enhance!

Tuesday, July 12th

Grades 1-8 (Fall '22)

9:00 - 11:00 a.m.

Benson High School Library

\$10



Delectable Decorators

Find yourself mesmerized by cookie or cake decorating videos? Try it out yourself and learn tips and tricks of the trade!



Thursday, July 14th

Grades 1-8 (Fall '22)

1:00 - 3:00 p.m.

Benson High School Library

\$10

Fishing with Finesse

Become a student of fishing to learn important tips and tactics!

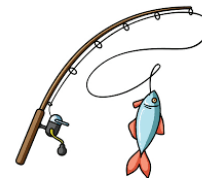
Tuesday, July 26th

Grades 1-8 (Fall '22)

9:00 - 11:00 a.m.

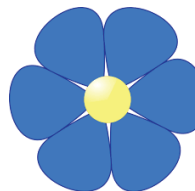
Benson High School Library

\$10



Fresh Florals

Learn from experts and Master Gardeners tips and tools to arranging, caring for, and keeping flowers and plants.



Thursday, July 28th

Grades 1-8 (Fall '22)

1:00 - 3:00 p.m.

Benson High School Library

\$10

Please pick your child up ON TIME from all activities!

Our supervisor's, instructor's and volunteer's time is important and they can't leave until all kids have been picked up. Tardiness may result in a discontinuation of your child's ability to participate in activities.



Basketball

Benson Basketball Camp

Boys & Girls
Grades 1-6 (Fall '22)
Tuesday-Friday
May 31-June 3 (4 sessions)

Players will receive individual and group instruction on basketball fundamentals, and they will have the opportunity to compete in individual and team contests.

The overall goal is to provide a unique and positive experience for each camper, while giving each individual an excellent opportunity to improve their basketball skills.

Boys Camp
9:00 - 11:00 a.m.
SH Gym; \$30
includes t-shirt

Girls Camp
11:30 a.m. - 1:30 p.m.
SH Gym; \$30
includes t-shirt

Benson Boys Basketball Summer Program

Grades 9-12 (Fall '22)

"There comes a time when WINTER asks you what you did in the SUMMER."

Practice

Mondays & Wednesdays
June 6 - July 28
Nothing week of July 4
8:00 - 10:00 a.m.
SH Gym; FREE

Skills/Shooting

Tuesdays & Fridays
June 7 - July 29
Nothing week of July 4
8:00 - 9:00 a.m.
SH Gym; FREE

Open Gym

Wednesdays & Sundays
June 1 - July 31 (Nothing week of July 4)
6:00 - 8:00 p.m.
SH Gym; FREE

Girls Basketball Skills Academy; Gr. 7-12 (Fall '22)

This program is designed for girls who are dedicated to improving their basketball skills and knowledge of the game. We will be focusing on enhancing all skills pertaining to basketball.

Tuesdays and Thursdays
June 7 - 30 (8 sessions)
7:00 - 8:30 a.m.
East Gym; Free; please register

ThunderMax Camp; Gr. 2-8 (Fall '22)

One day camp involving ball handling, shooting and passing. A strong focus will also be positive attitudes, leadership, and hard work. This is a camp that will push players past their comfort zone and give them drills and tips that they can take home with them.

Monday: June 6 AND/OR July 25
Grades 2-3 Girls: 11:00 - 12:30 p.m.
Grades 2-3 Boys: 12:30 - 2:00 p.m.
Grades 5-8 Girls & Boys: 2:00 - 3:30 p.m.
SH Gym
\$45 each camp

Preschool Basketball

We've had a request for preschool basketball. This will be parent driven and open to boys and girls who are 4-6 years old and not age eligible for the basketball camp. Preschool sized basketballs and the little hoops will be provided. Please do not drop preschooler off - this is meant to be a family affair for some quality family time together.

Thursdays June 9-30
5:30-6:30 p.m.
Aux Gym
\$10

Benson Basketball Skills Camp

Boys & Girls
Grades 3-8 (Fall '22)
Mondays - June 6 - July 25

We are excited to provide the opportunity for boys and girls entering grades 3-8 to improve their basketball skills by participating in the Boys and Girls Basketball Skills Academy.

This program is designed for boys and girls who are dedicated to improving their basketball skills and knowledge of the game. We will be focusing on enhancing all skills pertaining to basketball as well as teaching team strategies.

Boys & Girls
Grades 3-4 (Fall '22)
will not meet July 4
8:30 - 9:15 a.m.
East Gym; \$30

Boys & Girls
Grades 5-6 (Fall '22)
will not meet July 4
9:15 - 10:00 a.m.
East Gym; \$30

Boys & Girls
Grades 7-8 (Fall '22)
will not meet July 4
10:00 - 10:45 a.m.
East Gym; \$30

Golf

Little Linkers Golf; Grades 1-4 (Fall of '22)

Suited for beginners with little to no experience. Participants will learn the basics of golf through a variety of stations. We will focus on grip, stance, swing, safety, course etiquette, and rules of the game. Contests will conclude each session.

Thursdays: June 9, 16, 23, 30
Boys and Girls
8:00 - 9:30 a.m.
\$40; Family max of \$70
Instructor: Adam Jensen

Junior Golf League; Grades 5-9 (Fall of '22)

Suited for golfers with some experience/knowledge of the game. Participants will be paired with a group of 3-4 along with a coach to go play 5 modified holes and record their scores. Weekly and final prizes will be awarded.

Thursdays: June 9, 16, 23, 30
Boys and Girls
8:00 - 9:30 a.m.
\$40; Family max of \$70
Instructor: Adam Jensen

Sunday Night Putting League (Fall of '22)

Participants will be paired up with another golfer and putt their way through a 9 hole putting course on the putting green. Weekly and final prizes will be awards.

Sundays: June 5, 12, 19, 26
Boys and Girls
Grades 1-4: **6:30 - 7:00 p.m.**
Grades 5-9: **7:00 - 7:30 p.m.**
\$10
Instructor: Adam Jensen

Volleyball

Volleyball Skills Camp

Grades 1-12 (Fall of '22)

This camp is focused on fundamentals. Time will be available for team play. This camp is a great way to improve all volleyball skills and is excellent for all levels of players.

Wednesdays, June 8-22 (3 sessions)
Grades 1 & 2: **9:30 - 10:30 a.m.**
Grades 3 & 4: **11:30 - 12:30 p.m.**
Grades 5 & 6: **8:30 - 9:30 a.m.**
Grades 7-12: **10:30 - 11:30 a.m.**
SH Gym; \$35
Instructor: Mackenzie Dokkebakken

100 Hour Club

Grades 5-12 (Fall of '22)

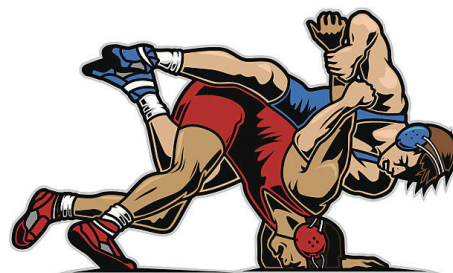
Play 100 hours of volleyball in the summer months and become an exclusive member of the "100 Hour Club". Add up the hours you spend in the gym or practicing at home, have it verified by a parent or guardian and qualify for prizes!

June 5th - 1st Session - 5:00 - 5:30 p.m.
go over record keeping and drill ideas

July 10th - 2nd Session - 5:00 - 5:30 p.m.
progress check and drills

August 7th - 3rd Session - 5:00 - 5:30 p.m.
turn in forms and recognition "banquet"

SH Gym; FREE; Please Register
Instructor: Mackenzie Dokkebakken



Wrestling

Braves Wrestling Camp; Gr. K-3 (Fall '22)

This camp will help teach the fundamentals of wrestling and introduce new wrestlers to the sport that want to give it a try. Experienced youth will be able to sharpen their skills as well as learn new ones.

Camp will be run by the Benson Wrestling coaching staff as well as the Benson Wrestling Captains.

Tuesday & Wednesday
July 26-27
6:30 - 8:00 p.m.
Aux Gym; FREE

includes a t-shirt if registered by June 12th

Braves Wrestling Open Mat; Gr. 4-12 (Fall '22)

Join the Benson Braves Wrestling coaching staff and other technicians from around the state to develop high level skills all summer long.

Sundays
June 12th - July 24th
(will not meet July 3rd)
6:30 - 8:00 p.m.
Aux Gym; FREE

includes a t-shirt if registered by June 12th

"Summer work makes winter champions."



Gymnastics

Preschool: Beginner Coed; ages 4 & 5

MUST BE 4 TO REGISTER FOR THIS CLASS.

This class is a fun exploratory opportunity for preschoolers to feel their bodies move forward, backward, and upside down. Various stations will be set up each week to help build balance, strength and coordination.

**Mondays; June 6-June 27 (4 sessions) OR
Wednesdays; June 8-June 29 (4 sessions)**
11:30 - 12:00 p.m.
\$28; Class limit of 6

Somersaults: Beginner Coed; Gr. K (Fall of '22)

This camp is designed for kids entering Kindergarten in the fall of 2022. Participants will work on introductory gymnastics skills. Increasing strength, balance, flexibility, and coordination will also be emphasized.

Wednesdays; June 8-June 29 (4 sessions)
8:45 - 9:30 a.m.
\$32; Class limit of 15

Tiny Tumblers: Beginner Coed; Gr. 1 (Fall of '22)

This camp is designed for the beginner level gymnasts in 1st grade in the fall of 2022. Participants will work on introductory skills on the bars, beam, floor, and vault. Increasing strength, balance, flexibility, and coordination will also be emphasized.

Mondays; June 6-June 27 (4 sessions)
8:45 - 9:30 a.m.
\$32; Class limit of 18

Twisters: Beginner Coed; Gr. 2-6 (Fall of '22)

This camp is designed for beginner level gymnasts in Grades 2-6 in the fall of 2022. Emphasis will be placed on learning front and back walkovers. In addition, participants will work on introductory gymnastics skills on the bars, beam, vault and floor. Increasing strength, flexibility, and coordination will also be emphasized.

Mondays & Wednesdays; June 6-June 29 (8 sessions)
10:30 - 11:30 a.m.
\$72; Class limit of 18

MINI CAMPS!

Flip and Roll: Beginner Coed; Gr. K-6 (Fall of '22)

This class is designed for boys and girls to have some fun exploring how their bodies can flip and roll.

Tues., Weds., Thurs.
June 14-16 (3 sessions)
Grades K-3: 1:00 - 2:00 p.m.
Grades 1-6: 2:00 - 3:00 p.m.
\$24; Class limit of 18

It is beneficial for all participants if gymnasts are placed in classes that fit their ability. If you are unsure of what class would be most appropriate for your child, please contact Kathy Ahrndt at kahrndt@benson.k12.mn.us

Flippers: Intermediate Coed; Gr. 1-6 (Fall of '22)

This class is designed for the gymnast who **can do back walkovers or kick over from bridge position with NO assistance**. The class will emphasize learning back handsprings with proper body shape along with skills on the bars, beam, and vault. Increasing strength, balance, flexibility and conditioning will also be emphasized.

Tuesdays & Thursdays; June 7-June 30 (8 sessions)
9:00 - 10:00 a.m.
\$72; Class limit of 18

Aerials: Advanced; Gr. 2-7 (Fall of '22)

This class is designed for gymnasts who **can do round-off, back handsprings with little or no assistance**. Skills and combinations required for competitive gymnastics will be emphasized on the bars, beam, floor, vault. Increasing strength, balance, flexibility and conditioning will also be emphasized.

Open Gym: Gymnasts entering 7th grade will be invited to July open gyms with the high school team.

Mondays & Wednesdays; June 6-June 29 (8 sessions)
9:30 - 10:30 a.m.
\$72; Class limit of 12

High School: Grades 8-12 (Fall of '22)

This camp is for members of the Benson/KMS High School Gymnastics team. This class is designed to work skills and routines for next year's competitive season. Increasing strength and conditioning will also be emphasized. Additional open gyms will be added the month of July.

Tuesdays & Thursdays; June 7-June 30 (8 sessions)
10:00 a.m. - 12:00 p.m.
\$80

Gymnastics Camp Reminders:

- * All camps held in the Benson Activities Center.
- * Please send your child in stretchy clothes that do not have snaps, buttons, or zippers.
- * Please have long hair tied up in a ponytail or braid.
- * Parent/Guardians should drop off and pick up participants at the main door of the BAC.
- * A viewing day will be held on the last day of camp for participants to show off their skills.
- * Free t-shirt for all participants!

Mileage Club

Summer Mileage Club; Gr.5-12 (Fall of '22)

Do you like to run? Do your friends like to run? Do you wish you had more friends that like to run? Do you need some motivation to run? Then this is for YOU!!

This summer we will be running together, tracking our miles, having fun, and maybe winning something sweet for your efforts (i.e. PRIZES!)

So what exactly do you have to do?

1. Follow one of the three summer running plans provided based on your ability and track your mileage.
2. Come to the group runs and see all your running buddies!! We will run together two times per week until the end of summer unless we plan additional group runs. We will also have short chats about nutrition, sleep, and other running basics before each of our group runs.

We will tally up all the miles at the end of July. The following will be awarded \$5 Dairy Queen gift cards from each grade (5th-12th):

- the person (boy or girl) who ran the most total miles
- the person (boy or girl) who ran the most total days (maximum of 70).

Any ties in those categories will each receive the prize, so feel free to run with each other and encourage each other to run!

In addition, each person that runs over 70 miles will be entered into a drawing for a fitness watch/activity tracker!

One last prize, if the total club miles is 5,000 or more we will have a mileage club pizza party!

Open to any student in 5th-12th grade in the 2022-2023 school year – you don't have to be in or join cross country to participate in the summer mileage club! Running is good for everybody!

Group runs all start at 7:00 p.m.

Mon., June 13-July 25; Ambush Park Benson

Thurs., June 16-July 28; Pillsbury Park, Kerkhoven

No tracked miles or group runs July 2-8

Cost: \$15

Coach Samantha VanHeuveln
samanthavanheuveln@gmail.com



Tennis

Jon Koenigs Tennis Camp; Gr. 5-12 (Fall '22)

Boys and Girls

Jon Koenigs is a former Benson graduate and current Head Tennis Professional at PublicIndoorTennis.com in the Minneapolis metro area. Jon is USPTA High Performance Certified and has a PTR 1 Certification. Jon is proud to come back to Benson and put on this tennis camp. "This camp is about renewing relationships with the kids, having fun, and learning the sport of a lifetime. There will be water balloons too."

9th-12th Grade will be split into a boys and girls session this year to allow more personal attention. The Tennis courts will be open and supervised June 6-9 from 9:00 a.m.-6:00 p.m. for students to play games while not in camp.

June 6-9 (10th rain make up)

Monday-Thursday (4 sessions)

Grades 9-12 Girls: 9:15 a.m. - 12:15 p.m.

Grades 9-12 Boys: 11:15 a.m. - 2:15 p.m.

BHS Tennis Courts

Cost: \$125

Grades 5-8: 3:30 - 6:00 p.m.

BHS Tennis Courts

Cost: \$95

Elementary Tennis; Gr. 3-6 (Fall '22)

Boys and Girls

A chance to learn the proper hand grip and strokes, scoring, basic fundamentals and have some fun. Concentration will be on making sure participants have a great time so they develop a love of the game.

Grades 3-6

July 11-14

Monday-Thursday (4 sessions)

11:00 - 12:00 p.m.

BHS Tennis Courts; \$25

Instructor: Coleton Anderson

Team Tennis; Gr. 7-12 (Fall '22)

Boys and Girls

This program is strongly encouraged for all school tennis players and will provide opportunity for drill play and games. Must be able to play a match, both singles and doubles, and know how to score. We will be practicing, doing drills as well as playing games within the team.

Wednesdays

June 15 - July 27

(will not meet July 6)

6:00 - 8:00 p.m.

BHS Tennis Courts; \$25

Instructor: Coleton Anderson



Football

Football Camp; Gr. 1-8 (Fall '22)

Whether your football player is an experienced player or just trying football for the first time, this camp is for them! By working with our football coaches and varsity players, participants will learn much more than just football. They will be taught teamwork, self-discipline, consideration of others, and the value of hard work.



Monday-Thursday (4 sessions)

July 11 - 14

Grades 1-4: 8:00 - 9:00 a.m.

Grades 5-8: 9:15 - 10:15 a.m.

Lorenz Field - JH FB Fields

Cost \$25

Instructor: Adam Foslien

Football Camp; Gr. 9-12 (Fall '22)

Get a jump start on the football season with our summer football camp. Take this opportunity to work on skills, techniques and physical attributes that will improve your football playing ability.

Monday - Thursday (8 sessions)

July 18-21 & July 25-28

6:30 - 8:00 a.m.

Lorenz Field - JH FB Fields

Cost \$40

Instructor: Adam Foslien

JH Offensive Lineman & Tight End Camp; Gr. 7-8

Students entering 7th and 8th grade who are interested in playing on the offensive line are encouraged to attend a Junior High Offensive Lineman camp.

The camp will stress the fundamentals of playing the offensive line. These fundamentals include stance, footwork, and differences between pass blocking and run blocking. Each linemen should bring a water bottle and football cleats (if you have them).

Each football player will receive a camp shirt for attending.

Sundays (3 sessions)

July 17, 24, 31

7:00 - 8:30 p.m.

Lorenz Field - JH FB Fields

Cost \$25; includes t-shirt

Instructor: Tom Foley

Speed & Strength

Speed & Strength; Gr. 7-12 (Fall '22)

This program is provided exclusively to BHS and area athletes. This is a program tailored to athletes' specific needs and demands of each sport. Consistent programs with workouts 4 days a week, one hour sessions.

Program concentrates on speed and strength, as well as flexibility, balance, agility, explosion and footwork through various lifts, plyometrics and other movements.

Participants will get out exactly what they put in!

There are two time options this year: 6:30 a.m. and 8:00 a.m. The workout will be the same at each time slot.

June 13 - July 28

Mondays-Thursdays

will not meet July 4-8

6:30 - 8:00 a.m. OR 8:00 - 9:30 a.m.

Cost: \$75 ; includes t-shirt

Aux Gym & Weight Room

Instructor: Brady Dokkebakken

Track & Field

Track & Field; Gr. 3-6 (Fall '22)

Practices will develop the skills of track and field. Everything from running to high jump, relays to long jump and other field events.

June 6-7 & 13-14

Mondays & Tuesday (4 Sessions)

4:00 p.m. - 5:00 p.m.

Benson High School Track

\$30 - - Includes a t-shirt

Instructors: Chad Carroll & Samantha VanHeuveln



Softball / Baseball

Morning Ball

Grades 1-6 (Fall '22)

Mondays, Tuesdays, Thursday

June 6 - 30 (12 sessions)

The emphasis of these programs will be on fundamentals and good sportsmanship. Bring your own glove, but mark it. Each player will receive a free t-shirt, courtesy of business sponsors.

Softball

9:00 - 10:00 a.m.
10:00 - 11:00 a.m.

Sign up for the time that works best for your schedule. Activities will be the same at both sessions.

Morning Baseball

Grades 1-2
9:00 - 10:00 a.m.

Grades 3-4
10:00 - 11:00 a.m.

Grades 5-6
11:00 - 12:00 p.m.

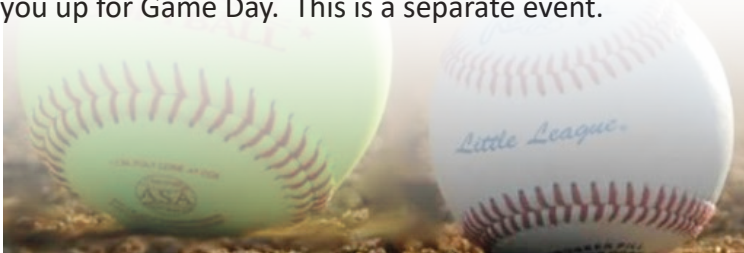
Northside Rec Area ** \$35

**** "GAME DAY" ****

MRVED "Game Day" will consist of playing teams from Montevideo, Dawson and Lac qui Parle on a given Wednesday. "Game Days" will be from about 9:00 a.m. to 1:00 p.m. We will take a bus.

When the schedule is set, an email will be sent to those registered for morning ball with information. There is no charge to participate but you MUST pre-register on-line or in the Community Education office.

Registration in morning ball does NOT automatically sign you up for Game Day. This is a separate event.



Preschool T-Ball

We've had a request to bring back preschool t-ball. This will be parent driven and open to boys and girls who are 4 -5 years old. Bats, balls and Ts will be provided. Please do not drop preschooler off - this is meant to be a family affair for some quality family time together.

Tuesdays, June 7-28
5:30-6:30 p.m.
Softball Fields
\$10



Jr & Sr High Summer **Softball / Baseball**

Girls: 14U or 18U fast-pitch team in the Morris League, please contact Coach Schwarz. Most games will be held on Tuesday nights.

Boys: boys in current grades 7-12 interested playing summer ball are to let Coach Foley know.

Elementary Travel **Softball / Baseball** **Current Grades 3-6**

Sign up information was sent home from school in April to all eligible students.

Games are June - mid July
Fee: \$50

Call Community Ed at 843-4545 to sign up, registrations are still accepted.

SOFTBALL

Co-Ed League

July - August 2022
Benson, MN

Teams need men and women players 15 years of age and older

Start working on your team! We have created a survey to help guide us on a night of play that doesn't conflict with other community events. Please follow QR Code.

Co-Ed TEAMS

Team fee is based on # of teams participating

FOR MORE INFO:
Community Education at 843-4545
Jason Madden at 320-808-1127

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Early Childhood



EARLY CHILDHOOD CENSUS

BE COUNTED! It is very important that all residents of ISD #777, even babies, be included on the school census.

If you or someone you know recently had an addition to the family, or have moved into the school district, call 843-2710, ext. 4122.

Being on the census will ensure that you receive the ECFE newsletter, School Readiness registration materials, and other important school information.

TOT LOT

This class is for children who will be **4 years old on or before September 1.**

This program is structured to correlate play activities and planned learning experiences. Includes creative games, arts and crafts, music and song, story telling and other activities.

June 6-9 & June 13-16

Monday-Thursday; 8 Sessions

9:00 - 11:00 a.m.

Early Childhood Center; Northside Elementary

Instructor: Chrysees Forbord

Cost: \$25

REGISTRATION

DEADLINE: 6/1

(if class is full, please add your name to the waiting list)

READY, SET, GO!

This class is for children who will be **5 years old on or before September 1.**

Emphasis will be on social interaction, listening skills, a literacy rich environment, an introduction to SMART and STEM activities.

June 6-9 & June 13-16

Monday-Thursday; 8 Sessions

12:00 - 2:00 p.m.

Early Childhood Center; Northside Elementary

Instructor: Chrysees Forbord

Cost: \$25

REGISTRATION

DEADLINE: 6/1

(if class is full, please add your name to the waiting list)



We are a 4-star rated program with the MN Department of Education!

Preschool Options for Fall 2022

It's time to start thinking about plans for your preschooler for the fall and we are doing things a little differently this year!

4 Year-Old Preschool (VPK)

Benson Schools will be offering full day class options for children who will be 4 on or before September 1st. They must also be completely potty trained. We are creating parent-driven preschool class options. To do this, we are asking parents of students that are 4 years old on before September 1st to complete a pre-registration.

All class times are 7:50 a.m. - 2:50 p.m. Options for VPK are:

*2 and 3 day programming will be offered free of charge.

*4 and 5 day programming will be offered at \$100 per month. Pathway scholarships are available for families that qualify.

At the completion of this pre-registration, preschool staff will meet and create classes based on needs. You will be contacted via email at that time with more information to register.

You can complete the survey here: <https://forms.gle/ubBDgAXXH44uWjERA> or by scanning the QR Code to the right.



3 Year-Old School Readiness

Benson School Readiness will be offering a morning half day program for children who will be 3 on or before September 1st and are **fully potty-trained**. Once our 4 year old classes are set, a letter will be sent to parents of the 3 year old class to notify them of class options.



Discovery Kids

WHAT IS DISCOVERY KIDS?

Discovery Kids is an early learning child care center offered through Benson Public Schools. We accept children 6 weeks through 6th grade. Our mission is to provide childcare where children can learn and grow physically, emotionally, intellectually, and socially.

Location: Early Childhood Center, Northside Elementary

Hours: 5:30 a.m. - 5:30 p.m. Monday-Friday

Financial Assistance available through:

- Swift County Human Service (child care assistance)
- Parent Aware (Pathway)



How do we sign up?

Parent Handbooks & Registration Forms are available on-line at http://benon.k12.mn.us/community_ed/DiscoveryKids.

You may also contact Discovery Kids at 842-2723 for paperwork.

A \$20 registration fee is due at initial registration time.

Your child must be registered before attending Discovery Kids.

- Teaching Strategies Curriculum and Assessment that encourages cognitive, language, social, and emotional development
- Secured building
- Daily activities and schedule
- Open every week day with extended hours
- Incorporating our learning with the use of Smartboard
- Daily outings and gym time

Parent
Aware

We are a 3-star
rated program with
the MN Department
of Education!

**HAVE FUN WITH US
THIS SUMMER!**

We provide transportation
to and from Summer Rec
activities!

Discovery Kids is Hiring!!!

Full Time - Monday-Friday
Benefits include:
PTO, Holiday Pay,
\$500 towards insurance,
PERA retirement

For more information or to apply:
Carissa McDonald
320-842-2723
discoverykids@benon.k12.mn.us

School Age
Teacher
\$16-\$17 an hour

Preschool
Teacher
\$18-\$20 an hour

Assistant
Teacher
\$15-\$16 an hour

School Age and Preschool Summer Program Provides:

- snacks served twice daily
- flexible scheduling
- daily activities
- close to summer rec activities
- gym time
- pool time
- field trips & outings to the parks
- outdoor play
- indoor play
- experienced, excellent staff
- learning time at the Library
- crafts



JOIN US AT THE POOL THIS SUMMER!!

AM Fitness Swim

Fitness swimming gives you the opportunity to plan a regular program of physical fitness. It is a great chance to improve your strokes and increase your endurance.

June 7 - August 20

Monday, Wednesday, Friday

6:30 - 7:30 a.m.

\$3.00 per day; passes honored

Swimnastics

This self-pace course emphasizes muscle tonement through various exercises in the water. Each class will consist of a warm-up, some aerobics, lots of different exercises, and a cool-down. One need not know how to swim. Music will be included.

PLEASE NOTE: Season passes NOT accepted at Swimnastics

June 13 - August 18

Monday, Tuesday, Thursday

12:00 - 12:45 p.m.

Fee: \$3.00 a time; \$40 for a 15 time punch card or \$60 class fee.

Instructor: Jan Baukol

Family Night Swim

Tuesday, Thursday, Sunday

The pool will be open for Family Swim on Tuesday, Thursday & Sunday evenings from 6-8 p.m. Families must consist of at least two people. Students 17 and under must be accompanied by an adult to be eligible for admission. Admission is half price of daily admission.

Aquatic Center Rentals

Cost: \$138.94 / hour (tax inc.)

The pool is available for any group, special gathering, etc. from 9:30 a.m.-12:30 p.m. on Saturdays and Sundays. We invite you to make use of our facility for social or recreational events. For rentals, contact the manager on duty at the outdoor swimming pool 320-843-2075. Call between 1-6 p.m.

Party Room for Rent

Cost: \$30.00 (max 2 hours)

Great for birthday parties, meetings, athletic team functions, etc. For rental information and booking, please contact the manager on duty at the outdoor swimming pool 320-843-2075 between 1-6 p.m. No outside food is allowed to be brought in.

Pass Forms

All pass and punch cards are available for purchase online with a debit/credit card through Benson Community Education. You may also pay with cash/check at the Benson City Office and the pool.

In order to promote strong, independent swimmers, Personal Flotation Devices ARE NOT allowed during Open Swim. They are allowed during Family Swim.

No outside food or beverages allowed in the pool area.

We are a SMOKE FREE facility!

The pool will close at 5:00 p.m. on the following dates: June 14 (Benson Band Festival Parade) and July 4.

A.M. Fitness Swim (M, W, F)
6:30-7:30 a.m.

Swim Lessons (M-F; 3 Sessions)
9:00-12:45 p.m.

Swimnastics Class (M, T, Th)
12:00-12:45 p.m.

Open Swim
1:00-8:00 p.m. (M, W, F, Sat)
1:00-6:00 p.m. (T, Th, Sun)

Family Night Swim
6:00-8:00 p.m. (T, Th, Sun)
Half Price Admission

FEES

Daily Admission:

Adults (18 & up) - \$6.00

Teens (13-17) - \$5.00

Children (12 & under) - \$4.00

AM Swim \$3.00

PM Swim \$3.00

PUNCH TICKETS:

Adult Punch Ticket (18 & up)
10 Punches - \$50.00

Teen Punch Ticket (13-17)
10 Punches - \$42.00

Child Punch Ticket (12 & under)
10 Punches - \$30.00

SEASON PASSES:

Individual:

City of Benson Resident \$105.00

Non-Resident \$130.00

Family:

City of Benson Resident \$145.00

Non-Resident \$180.00

Family Pass is limited to 5 immediate family members.

Additional Family Members:

Resident \$25.00 / person

Non-Resident \$35.00 / person

*** Sales Tax is already included.**

The Benson Outdoor Swimming Pool will be open:

Friday, May 27 through Sunday, August 21.

Private Swim Lessons

These lessons are 1-on-1 instruction. Registration for private swimming lessons can be done online.

Private swim lessons are offered on a very limited space basis and are not guaranteed. We will do our best to honor all private requests. If we cannot get your child's lesson in, we will cancel and refund your money.

To be sure your child receives swimming lessons this summer, please try to schedule your child in a regular-scheduled class.

Thank you for your understanding.

Fee: \$70 for 5 half hour sessions



Swimming Lessons - \$40

American Red Cross Classes	Session 1 (June 13-24) Mon-Fri/10 sessions	Session 2 (July 11-22) Mon-Fri/10 sessions	Session. 3 (July 25-Aug 5) Mon-Fri/10 sessions
Little Swimmer (Parent/Child) *2nd week of session only (\$25.00)		12:15-12:45 Week of July 11 only	
Preschool Week 1 (Ages 3-5) *1st week of session only (\$25.00)	9:45-10:15; 12:15-12:45 Week of June 13 only	9:45-10:15; 12:15-12:45 Week of July 11 only	9:45-10:15; 12:15-12:45 Week of July 25 only
Preschool Week 2 (Ages 3-5) *2nd week of session only (\$25.00)	9:45-10:15; 12:15-12:45 Week of June 20 only	9:45-10:15; 12:15-12:45 Week of July 18 only	9:45-10:15; 12:15-12:45 Week of August 1 only
Level 1 (recommended ages 6+) Introduction to Water Skills	9:45-10:25 11:15-11:55	10:30-11:10 11:15-11:55	9:45-10:25 10:30-11:10
Level 2 Fundamental Skills	10:30-11:10 11:15-11:55	9:45-10:25 11:15-11:55	9:45-10:25 11:15-11:55
Level 3 Stroke Development	10:30-11:10 11:15-11:55	9:00-9:40 10:30-11:10	9:00-9:40 11:15-11:55
Level 4 Stroke Improvement	9:00-9:40	9:00-9:40	10:30-11:10
Level 5 Stroke Refinement	9:00-9:40	9:45-10:25	
Level 6 Swimming & Skill Proficiency	9:45-10:25		

More classes will be added as demand requires. Please add to the waitlist if a class is full.

To determine where to place a child, read class descriptions. You will have to make the determination yourself. If in doubt, go with the lower level. Each student will be tested the first day of class to determine if he/she is in the correct level. Students may sign up for more than one session after June 24th.

Little Swimmer

(Ages 6 months to 5 years)

Parent and Child Aquatics targets parents and their children ages 6 months to 5 years. The parents learn how to hold and support their child safely and appropriately while helping to increase their child's comfort level by emphasizing fun in the water. A foundation of basic skills will be built.

Preschool Levels 1 & 2 (Ages 3-5)

Skills taught at this level include: water adjustment, breath control, floating, kicking and basic paddle strokes. Parents do not need to enter the water.

Level 1 (Intro to Water Skills)

Participants learn to enter and exit water; blow bubbles through mouth and nose, bobbing, open eyes under water, retrieve submerged objects; tread water; explore arm and hand movements.

Level 2 (Fundamental Skills)

Participants learn to enter/exit water; fully submerge & hold breath; front/back floats; tread water; roll over from front to back; changing direction, finning arm actions.

Level 3 (Stroke Development)

Builds on skills in level 2 by providing additional guided practice in deeper water. Will also learn to jump into deep water; bobbing while moving toward safety; headfirst entries from side-sitting and kneeling positions; survival float, back float; tread water; flutter, scissor and breaststroke; kicks on front; front crawl; simple non-swimming assists.

Level 4 (Stroke Improvement)

Develops student's confidence in the strokes learned in Level 3. Participants learn headfirst entries from side in compact and stride positions, swim under water, feet first surface dive, survival swimming; front crawl and backstroke open turns; tread water; front and back crawl; backstroke, breaststroke, sidestroke and butterfly.

Level 5 (Stroke Refinement)

Participants learn to shallow-angle dive from side and glide into a front stroke; tuck and pike surface dives, submerge completely; front flip turns and backstroke flip turn while swimming; front and back crawl, backstroke, breaststroke, sidestroke and butterfly.

Level 6 (Skill Proficiency)

Objectives are to refine strokes so participants swim with more ease, efficiency, power and smoothness; as well as swim over a great distance.



Benson Area Community Education
Independent School District #777
1400 Montana Avenue
Benson, MN 56215-1246
<http://www.benson.k12.mn.us>
(320) 843-4545

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Pioneerland Band Festival

Tuesday, June 14, 2022 * * * Benson, MN

Preparations are underway for the annual Pioneerland Band Festival. We believe this is a positive event for our community and realize its success depends on the help of many. The support shown by area businesses over the last 30 years has been critical to meeting the financial needs of the event. We would like to thank them and encourage their continued involvement in the parade.

PIONEERLAND BAND FESTIVAL CONTRIBUTORS

Red * \$1-\$99 **White** * \$100-\$299 **Blue** * \$300 and above



Please consider being a part of this important community event by contributing to its cause. Every little bit counts and is appreciated. THANK YOU!

Contribution Information

Checks payable to *Pioneerland Band Festival* and mail to:
Pioneerland Band Festival, PO Box 133, Benson, MN 56215

Pioneerland Band Festival

Please accept our 2022 tax deductible donation of \$ _____

Name(s) _____ We wish to remain anonymous.